

# CROSS TRAINNING

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
07:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	
08:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	
09:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING
10:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	
11:00						CROSS TRAINNING
12:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING
13:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	
14:00		CROSS TRAINNING		CROSS TRAINNING		
15:00		CROSS TRAINNING		CROSS TRAINNING		
16:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	
17:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	
18:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	
19:00	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	CROSS TRAINNING	
20:00		CROSS TRAINNING		CROSS TRAINNING		 @s3fitmorrojable
21:00		CROSS TRAINNING		CROSS TRAINNING		 /s3fitmorrojable



CENTRO DEPORTIVO  
MORROJABLE